

ABSAF Fall 2019

Sports, Clubs and Activities Update

FOOTBALL

After a DCL championship and an undefeated regular season in 2018 the Colonials football team had big shoes to fill going into 2019. AB kicked the season off with a hot start. In the first game they traveled to Lexington where they won 38-22. Next, they hosted the Chelmsford Lions, and played an outstanding all around game defeating the visitors 34-15.

With a 2-0 record the Colonials looked to stay undefeated against the Reading Rockets. AB came out slow, and Reading dominated the game handing the Colonials their first loss of the year 33-7. Next up, the Colonials hosted Lincoln-Sudbury, a huge rival and their first DCL matchup. LS won this time, 21-0.



Pamela Fleming Photo

FALL MUSICALS



This fall, Proscenium Circus presents *Twice Charmed* and *Freaky Friday*. Each musical is an hour long and both will be performed in one night, with a short intermission in between. Performances are November 1st, 2nd, 8th, and 9th at 7:00 pm, and November 2nd, 3rd, and 9th at 2:00 pm. **Passholders may reserve tickets online at ABDrama.org from October 1st until 11:55 pm on the Monday before each show.**

Twice Charmed tells the story of what happens after Cinderella and the Prince are married. Cinderella's stepfamily, the Tremaines, are less than thrilled by this outcome and will go to great lengths to interfere with Cinderella's happiness. To add to the magic of this production, *Twice Charmed* is a pilot musical straight from Disney, that has never before been performed by a high school!

Freaky Friday follows the journey of Ellie and Katherine, a mother-daughter duo, through one absolutely frantic day after they accidentally swap bodies! To put things right again, Ellie and Katherine must work together to get to the bottom of this magical mystery.

SCIENCE TEAM



The ABRHS Science Team participates in Science Olympiad, a nationwide science competition in which high school students work collaboratively with a partner, competing in events in various areas of science and engineering. Headed by their coach, Mr. Dempsey, members of the team test their scientific knowledge and skills, competing regionally once a month.

The team will attend invitationals in the winter, which are held at universities across the United States, such as MIT and Harvard; the team then competes at the state level in the spring. For the past ten years, the team has placed first at the state competition and moved on to the National

GIRLS VARSITY SOCCER

Meet the Coach!

As the AB Girls Varsity Soccer Team embarks on yet another season, they welcome new head coach James Blackwell. Coach Blackwell has coached soccer all around the globe including teams from England, USA, Spain, Portugal, Greece, Turkey and Egypt, and he has also won various National and Regional soccer championships.

Coach Blackwell has also had local success with Natick High School, Framingham State University, and Weston High School teams, and is currently employed as the Girls Development Academy Coach for F.C. Stars. Coach Blackwell was a national waterpolo player, and earned his bachelor's degree from the University of Bath in England. Under Coach Blackwell's direction, the girls varsity soccer team is off to a great start and have been very successful in their league games. ABSAF wishes Coach Blackwell and the rest of the girls soccer team continued success on the rest of their season!



MARCHING BAND

The Marching Colonials are working hard this fall on their 2019 production "PassAges" featuring the music of Philip Glass, Jim Croce, and Cyndi Lauper. The band and color guard are made up of more than 120 students this year, with one of the largest freshmen contingents in recent memory. Later in the year, the band will travel to NYC to perform in a pre-concert event in front of the NY Mets stadium as well as attend concerts and collaborate with a NJ high school band.

CROSS COUNTRY



AB and Westford Team Captains

The ABXC team is off to a strong start! The boys team currently has a 4-1 regular season record, while the girls have a 2-3 record. A few weekends ago, the team attended the Amherst Invitational at Hampshire College for the second year in a row. Both the boys and girls teams saw major improvements and will look to achieve even better times next year.

The team is currently looking forward to running at the Brown Invitational in Warwick, Rhode Island, the first time that AB has competed at this event.

With the regular season winding down, the team will look to prepare for the DCL championship at Franklin Park in Boston. If they do well enough at the DCL, they will be able to qualify for the Eastern Mass Division 1 race.

ABSAF NEWS

ABSAF contributions support athletic teams (junior high and high school), academic teams, and performing arts groups. ABSAF reduces activity fees, which would otherwise be higher, and funds things like uniforms, equipment, supplies, and transportation. Last year ABSAF provided \$71,000 in support of AB clubs, sports, and activities, including a new curtain for the auditorium.

Many AB families choose to support ABSAF by purchasing an ABSAF pass, which entitles holders and their immediate families free admission to most home extracurricular events during the regular school year. Passholders are also entitled to 2 free tickets to the RJ Grey musical and 2 free tickets to a single production of **each** of PC's main productions at the high school.

To purchase an ABSAF Pass or make a donation to support extracurricular activities at the junior high and high school, please visit www.absaf.net.



Student volunteers at the ABSAF Phonathon in early October

SAVE THE DATE

10/18 - 4:00 PM - away - girls varsity field hockey vs Westford Academy

10/18 - 7:00 PM - home - boys varsity football vs Waltham Senior HS

10/19 - 9:00 AM - away - cross country - Brown Northeast Invitational @Goddard Park in Warwick,RI

10/22- 4:30 PM - away - girls varsity volleyball - vs Newton South HS

10/24 - 4:00 PM - home - boys varsity soccer vs Cambridge Rindge and Latin